
How Are We All Connected?

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Participants: Jean-Baptiste (Araili), Jackline (Katie)

Topics:

- *Time-travel experiences: shared creation, surprises, and learning to play.*
- *Bringing a sense of connection into daily life.*
- *Creating individual realities while participating in shared events.*
- *Collective agreements as choices made in energy rather than through discussions.*
- *Events rippling through time, their timing, and the possibility of changing direction.*
- *Perception as translation of energy into physical experience.*
- *Soulmates across different lives, beyond romantic relationships.*
- *Seeing a difficult relationship as shared roles and expressing gratitude after a partner's death.*

ANAIYAH: Hello, my friend. How are you?

JACKLINE: I am doing very well, Anaiyah. It's so nice to talk with you again.

ANAIYAH: It's so nice to talk to you again, too. And what questions have you come up with?

JACKLINE: Well, first, I wanted to thank you for your help with our time travels,

ANAIYAH: You are welcome.

JACKLINE: (laughs) ... and they are evolving. We are evolving with our abilities, and we are experiencing increased connection with one another during the trips, and we're aware of ourselves and others in different time frames. And, uh... some of my questions that I have are related to...I would just say a sense of expansion as a result of the time travel. And I just wondered if you have any comments on this.

ANAIYAH: First, let me ask you, what expansion are you referring to in your experience personally, and what effects do they have in your everyday life?

JACKLINE: One is the sense of creation. Instead of looking... well, is this real or am I imagining it? That seems to have totally disappeared, and there's this joy, this pleasure...

ANAIYAH: Ah, that's perfect.

JACKLINE: ...fun that I get in just... For example, somebody says, Oh, Jackline, your character is wearing this yellow dress, and all of a sudden, I'm in yellow, and... and I feel it, and I touch it, and there's a sense of otherworldly not in the physical... I'm not saying it right. It's real. It's intense. It's right there. I'm feeling everything and sensing it with various

senses. But it just happens. This creation just happens. And I have not yet incorporated that directly in my regular world, but I am reveling in that pleasure. The other thing I...

ANAIYAH: And that's an excellent development.

JACKLINE: Ahh. Yeah, I'm not looking for validation... is this real history or anything? I'm just having fun playing with images, but it's not just me creating. It's other people creating, and then I see or I'm seeing other things happening, and.. and they're becoming part of... It's like I'm not the only creator in this. There are others, and it's surprising...

ANAIYAH: And isn't that interesting!

JACKLINE: The surprises are delightful. And I say that because generally I like this control and not surprise, and I like to make sure everything is in order. And this is a sense of play that is, uh...it's uncommon for me to just move so easily into it.

ANAIYAH: And that's to be noticed and acknowledged. Congratulations.

JACKLINE: The other thing... Oh, well, it's fun. Thank you.

ANAIYAH: That's what will allow you to move further and allow for more refinement of your abilities.

JACKLINE: My abilities in time travel or expansion in general?

ANAIYAH: Yes. Yes, time travel and projection and reality creation.

JACKLINE: Well, the other thing, and this I have had flashes of in my...I don't want to say every day, but in my physical normal life...my everyday life which is...ah... this... It's a sense that I can at any moment whenever I want be aware of the silence, be conscious...have conscious breathing, and have a sense with that... I haven't gotten to a deep, deep level, but this sense of these... of my physical world and the energetic world being connected and my ability to move into one another. And this is in daily life that all I have to do is say, Oh, remember the silence. And then I hear it. I see it. And then breathe... be aware of my physical breathing. And then there's this sense of connection between the, I don't want to say, the spiritual world and the actual physical world where I'm standing or sitting. And that, that is new.

ANAIYAH: And that's excellent.

JACKLINE: So...

ANAIYAH: It's much more (pause) important than you realize at the moment.

JACKLINE: Well, I hope it continues. I forget. I forget, because... because we're trained, we... I mean I... to be so realistically physical and related to sequential happenings and proof. And, and, and this is sort of bringing that creation from the time travel into daily life. There's a connection somehow between the two.

ANAIYAH: Yes. And as you continue to do it again and again, either when you are alone or when you are in the company of other people, you will ripple out that action. And it will influence others to move in the same

direction.

JACKLINE: Really?

ANAIYAH: Yes.

JACKLINE: There's that much influence?

ANAIYAH: Yes. That much and beyond also.

JACKLINE: So, I, my, my questions flow. They're also interconnected. Once I start talking with you, they're separate before that. (Anaiyah chuckles) Um... before I go on, do you have any other comments? I don't...I don't even know how to describe how we're evolving, but it's, it's different than when we started.

ANAIYAH: And let me tell you, you are paving the way for future generations to explore.

JACKLINE: Wow!

ANAIYAH: Not only time travels, but also (pause) the multi-dimensionality of their own being. The more you allow and the more you playfully explore, the richer the collective experience will be.

JACKLINE: Well, okay, I'm going to, I'm going to ask you a question that relates to what you just said.

ANAIYAH: Very well.

JACKLINE: ...even though it was not going to be my next question. (laughs) I was going to go somewhere else, but I want you to go more into

what you're saying like... here's what I wrote: We create our own world, our own reality. At the same time, we're sharing space and time and, and influencing everyone and everything. And so... and events are created or chosen... people choose as a result of these influences and forces that they allow in... So how...can you say more?

I mean, I don't want to... my mind just flashed to the butterfly effect, but... but can you help me understand better the interconnections? 'Cause I can create my own reality and in every event, there's something there for me that I created. But that event is also created maybe by other people who are related to that event, and they're getting something out of it. And we create our own reality, and we... we grow and benefit from it. But at the same time, there are interconnections, and how do they...an impossible question, I feel. But just see if you can put a little flashlight on one or two dots of this for me. Can you help me understand interconnections?

ANAIYAH: Let me just remind you that for the purpose of your experience in this physical reality, you have (pause) chosen the element of separation, which gives you the illusion that you are different people, different entities, different elements. But as consciousness, there is no separation. And there is this freedom to connect any element in your perception, allow them to enter your own experience because it allows you to reflect some aspects of your own energy. And as a focus you have an individual mind, but there is also an aspect of yourself that is or that remains connected with the collective of your own species. And in some ways also with every other aspect of consciousness in your reality.

The events you are referring to, they are created on different layers. The subjective and collective layer allows you to share a similar wave of energy, so to speak. And as you feed and participate with that wave of energy that you have created collectively, you choose individually how you are going to participate in that wave and how you want to incorporate the effects of the wave into your own experience.

Just like in a pool of water, you create the water. You create the people around you, and together—just as they create an image of you in their own reality—and together you generate different experiences that you agree upon subjectively.

It is not that you think or that you analyze the offers, It is much more quicker. You are aware of the propositions, so to speak, and you attract them or they... the energy of the different people that they project comes together. The different energies come together and generate a stronger wave, so to speak, that will ripple through the fabric of your reality, when you choose that timing, that perfect timing for it to be manifested.

And if you take that image of the swimming pool and the people swimming or playing in the water or around the pool, you may have someone choosing to jump into the pool and create an enormous splash, rippling around and influencing other people, the people that are in the pool. Some of the swimmers or of the people who are there at the time may have chosen to get out of the pool just before that person jumps in... jumped in. And that they may have chosen to observe the event from a place where they wouldn't be that much affected. But even from the side of the pool, you can also experience the sprinkling water, the drops, the spray and the

eruption that that jump creates in the pool.

Some people may have chosen to remain in the water even if that kind of action is uncomfortable for them. But they have chosen that also for their own purpose. And some other people would be influenced by the first jump and decide that they want to experience the same thing as the jumper. So they will follow and more jumps will follow.

Just as in your physical reality, you may have some event that affects a community, and then the events spread out and are what you may call copied or reproduced. And that can be any behavior, any expression. And you have an example of that in your social media where they generate trends, and suddenly many people are doing the same thing, exploring the same challenges, or reproducing a similar setting that they viewed in other videos. Do you understand?

JACKLINE: Yeah. So these layers of agreement of the community, so to speak, uh... the connections between people that create these events in agreement, is... that's happening simultaneously. I mean or with... with... it's happening all the time. It's not like, well, before we come in as a focus. It's...

ANAIYAH: It's happening all the time.

JACKLINE: It's a living event that's happening on other layers...

ANAIYAH: Yes.

JACKLINE: ... and it's always changing. We have a choice, yes?

ANAIYAH: There may be events that have been in preparation for what you see as quite some time, just as this shift in consciousness. But there are other events that are just created as you go along and that were not in preparation. That's why it's difficult to predict the future, because you can always change your mind and generate different actions, just like a trend just fades out.

JACKLINE: Well, this sort of answers a question I've had for decades and decades, which is how does timing work? Because some things, they all have to come together in order to have that perfect event happen. And... and even though it's evolving, it may have been set in motion a while... there's always changes ...

ANAIYAH: Yes.

JACKLINE: or agreements, and ... So there's no prediction, but... So, if...

ANAIYAH: There's no prediction, but there are signs because the event creates ripple through time also, and you may, when you are sensitive enough, feel the event as you move towards it in time, so to speak.

JACKLINE: Yes, yes, I understand.

ANAIYAH: That's why some people decide to move from their home into another place, another city, another country, because some events are in preparation. The specifics may not be completely set, but the energy that have been building up is real. And the energy is what will give birth to the manifestation that you see as the event. But the event in itself is non-physical. The roots are non-physical. And they can take many forms, just

like earthquakes have repercussions before and after, you have replicas.

JACKLINE: Before and after, say again?

ANAIYAH: Before and after the stronger quake.

JACKLINE: Okay.

ANAIYAH: Your events also have replicas. They have echoes in time.

JACKLINE: I didn't get that word. They also have...

ANAIYAH: A replica.

JACKLINE: Oh, a replica. Oh, Okay. Reflection, so to speak.

ANAIYAH: A reflection, an echo in time.

JACKLINE: Okay. Okay. So what I'm seeing in the physical world is the echo, the reflection of the energy.

ANAIYAH: It can also be the hit point.

JACKLINE: What does that mean?

ANAIYAH: Generally, you notice the difference. Just as when you're in that pool, you notice when the jumper dives or jumps into the pool and creates that sudden explosion in the water. That's the hit point. Then you have a vibration of the water that still continues afterwards and that creates more ripples.

JACKLINE: Okay. Okay.

ANAIYAH: That's a physical image you can understand. It happens the same in the non-physical, and it affects the past and the future. Even though from the past, you can choose to change direction and manifest that energy in a different way. You can diffuse that energy through smaller expressions. But generally speaking, when you build up that much energy, it will create a mass event. And you have different scales also.

JACKLINE: Okay. Right. But to change the past, I do it in the present. Yes? There is really only seeing past events and perceiving them in different ways, and that changes it. That's a question.

ANAIYAH: I was not referring to changing the past. When your present is in the past of that event, when the event has not been manifested yet in your timeline, the one that has a focus you are following, you may choose to change the path and not go in the direction of the event.

JACKLINE: Okay. So when we talk about perception, creating our reality with time, and it creates form through light, energy and time. How... my question relates to... there are many humans and the physical earth and events and energies that are all creating realities. So, I guess I don't understand that mechanism of perception, but it works from an inner layer out from the spiritual layer and in conjunction with everybody else's perception, or all other things, all other energies.

ANAIYAH: What is the aspect that confuses you the most?

JACKLINE: Aha. It just seems so complex. Uh... it's one thing to say, Okay, my perception creates reality, and I am creating by energies of every movement, every word, every thought, and... and these energies

are expressing and magnetizing events. That's one aspect. But I'm doing this in agreement with others. Is perception...

ANAIYAH: Yes, but the agreement is not a discussion.

JACKLINE: I didn't understand.

ANAIYAH: You don't have to discuss the agreement. It's not like in your diplomacy when to stop a war, you have to meet with the different parties, and have a mediator, and discuss endlessly before you reach an agreement. No, it's not like that.

JACKLINE: It's a movement... It's a movement.

ANAIYAH: It's a movement. The agreement is made in the moment that you make the choice, and the choice is not made through your thinking or your intellect.

JACKLINE: And what is perception? How does...

ANAIYAH: The agreement is made in energy, and the energy is much more direct than a painting. You say in your language that an image is worth a thousand words. Energy is much more encompassing. And that aspect of you who is choosing makes it [from] a different layer or from a different standpoint, so to speak. And the choices you make are made in each moment. There are countless choices. And as that aspect of you that is choosing, you are aware of all of that.

JACKLINE: And how does the term or the action or the mechanism of perception that creates the physicality, does that take the buildup of

energy or the momentum of energy and create it physically as a reflection or a hit point?

ANAIYAH: Are you referring to the creation of physical reality?

JACKLINE: Yeah, I think so. Because the term perception, as I understand it in my limited way here, takes these energies and choices and physically creates the physicality. So I'm not sure... I just wanted a little...

ANAIYAH: This happens automatically. It's another action of consciousness.

JACKLINE: Okay. Okay. It's part of the design of the physical.

ANAIYAH: Yes, it's part of the design that your perception is that mechanism of yourself that will translate that energy, those movements of energy, those actions, those elements in a way that you can experience...

JACKLINE: Okay.

ANAIYAH: ... according to the design of your physical reality, which includes here sexuality, emotions, belief systems, (pause) and separation. So your mind, your thinking mechanism is also designed in a way that it already includes that element of separation...

JACKLINE: Okay. So it's brilliant... It's...

ANAIYAH: ... which makes it difficult for you to experience non-separation.

JACKLINE: Did you say it's easy or it's not easy?

ANAIYAH: It makes it more difficult.

JACKLINE: It's.. it's... and I'm looking at it through my thinking here, but sense also. It is absolutely brilliant, the duplicity, the emotion, the separation, the.. the belief systems, in order to take this conscious energy focus and... and give it a... an environment where it can choose to see itself or not see itself. It's really... it's really brilliant. It's...it's...

ANAIYAH: Yes.

JACKLINE: ... and so for me, or for all, it's... it's... it would be an aim to attend to my energy and what I'm expressing and what I'm experiencing energetically, how I'm coloring that, how... what the tone of it is, and then decide if I want to change the tone or the color.

ANAIYAH: Yes.

JACKLINE: I don't know how else to put it energetically...

ANAIYAH: And for you to do that, you don't need to understand all the intricacies and the subtleties of this physical reality.

JACKLINE: Well, that's true. That's true. I do have a curiosity though, Anaiyah. I...I...I really...

ANAIYAH: I understand.

JACKLINE: And I know I'm thought-focused, and I love that. I love... I love... I love the flashes of understanding that I get. So, I'm going to go on with... in terms of.... We... we create bonds with people during our focus lives, and I'm assuming even in the non-physical, there may be bonds with

others from other essences. And I'm wondering... hahaha... I have a question that comes and then it isn't even important. But are these bonds enduring? Are there groups, bonded groups that are attracted to one another not only in the physical, but maybe I'm asking in the non-physical throughout multiple focuses?

ANAIYAH: The word enduring itself is misleading, as in the non-physical you don't necessarily choose to create the experience of time.

JACKLINE: Ah, so enduring relates to time, I guess. Yeah.

ANAIYAH: Yes, it does. And you have strong... you can call them friendships with different essences. You have affinities to certain types of energies, and you can choose to explore different focuses together in which you may experience those relationships through different lenses or through different dynamics. And in some of them, the bond may be created by opposition, also. Not necessarily by attraction, but something that tie you up together and have you follow a path where you meet again and again and participate together. It doesn't require [it] to be a loving relationship.

JACKLINE: We're talking physical... the physical.

ANAIYAH: Yes, physical. Because you may as essence, you may want to experience also this opposition and this love-hate relationship, as you call it.

JACKLINE: And then afterwards in the non-physical, I mean, I think of... like I'm an actor on a stage, and I'm in a particular role, and there's this

other person, and maybe we're fighting or just having a disattraction, so to speak. And... but we're bonded in that. We're spending a lot of time experiencing our differences that we don't like. And then afterwards, when we're both in the non-physical, and we've left that role, is it sort of like we're no longer actors on that stage?

ANAIYAH: Clarify what is bothering you?

JACKLINE: Well, it's a curiosity, and it really relates to the non-physical. And I have a dozen questions about that.

ANAIYAH: In the non-physical, there is no separation. There is no distancing, so to speak.

JACKLINE: Okay. Okay. Let me ask the question this way. And I'll just touch on the non-physical here. For... I was in a... many years ago, I was in a relationship with someone that was like a roller coaster. And it was negative and positive and attracting and disattracting, and really there were a lot of bad and difficult things that happened. And I through that relationship, I grew and became more aware of my own choices, and it was a great benefit to me ultimately. But it lasted a long time until I got to that point.

Now, I can look... I can imagine this person. I mean... and we loved each other in a way, but I can imagine him, instead of imagining him with disagreement, it's as if the play that we were in, our focus lives were over. We're in the non-physical, and we go over and say, Hey, we did a good job. Look at... look at how we played our parts. I'm so glad you were in my life, and... and... Go for it. You were perfect.

ANAIYAH: Yes.

JACKLINE: So, the physical interaction with someone, then when we're in the non-physical... and there's still this connection, it seems, because we shared so much together that... uh, for my part, I grew. I mean, I evolved. And he didn't believe in any afterlife at all. He thought we're just dead when we're dead. But...

So, is it like we're an actor who leaves the stage and no longer has the part to play, but we can meet with these people?

ANAIYAH: You can use that image of the actors playing together in different plays or movies or series. And they come back at different times in their life, participating in the adventures that they are playing out. And you may have a different relationship outside of the movie than the one that is happening in the movie. You may be foes, and have a friendly relationship, be best buddies outside of that relationship. And in another movie, you are best friends or lovers.

JACKLINE: Okay.

ANAIYAH: The bond is not singular as you experience in physical form in a singular focus. Your bond is about energy and affinity of energy that may best allow you to reflect certain aspects in or throughout your experiences.

JACKLINE: Okay. So, one other term in relating to bonds. Can you tell me what means soulmate and... or multiple soulmates? Is that just relating to bonded experiences that may be repeated in different forms?

ANAIYAH: And what does that mean for you in this moment?

JACKLINE: In this moment, that's what it would mean that there's no one soulmate, one...but... Because I change. Because my affinities may not always be the same, and I may be bonded to someone else or have preferences to move along a certain experience or be... spend energies with someone who I didn't even know before. So, it changes. But I.... it's just such a common word or term here physically, and I figured it has some roots somewhere energetically.

ANAIYAH: Yes, they are the people with whom you share a strong affinity and that you choose to experience many focuses with.

JACKLINE: Okay.

ANAIYAH: It doesn't require those focuses to be romantic or the expression of lovers. It doesn't require the focuses to be always recognizing the connection. It's just as that person with whom you had a roller coaster experience. He may have been a soulmate with whom you share many different experiences, many different forms of relationships, mother, son, father, grandmother. And you may even find them in your ancestry.

JACKLINE: Ah, interesting.

ANAIYAH: You also connect with your bloodlines.

JACKLINE: Is there any importance to bloodlines?

ANAIYAH: (chuckles) Only if you make it so.

JACKLINE: Okay. I want to just interject that whenever I... this person that I spent 10 years with or more, he's passed away. And when I, in my mind, go into a non-physical sense of energy, and I connect with him, I'm always... I make a point of just being so happy to see him and thank him for participating in my life and wishing him all the grace and joy, because it was a struggle for him to find that in life.

ANAIYAH: And that is received.

JACKLINE: Oh, I'm so glad. I'm so glad. So, uh... I have, well, I have so many different questions about the non-physical. I want to ask one... I just want to touch on this, and I feel a little uncomfortable doing it, I guess. I wasn't even going to use that word. It just popped out. But I wanted to ask who and what you are, Anaiyah? And what is your history? And how are you related to me and to Jean-Baptiste? And I know this is probably an enormous question, but if you could touch on it, I would be... it would bring me happiness.

ANAIYAH: Another question in time. It's a big question. Concerning your, our relationships, they are in many different realities, physical and non-physical, in many different times also, where we share connections through interactions as guides also. We share, you and I, focuses as mother and children in many different lives. You also call upon me when you are a witch and you want to access certain powers...

JACKLINE: Hahaha.

ANAIYAH: ...to manifest and influence your environment and the people around you. And I'm giving you advice also; participate in those events

with you. And in different focuses, we are observing each other, so to speak.

This is a bit the same with Jean-Baptiste, where we share less focuses physically, than focuses where we interact energetically through the power of the elements or the whispers in the wind. We also made an agreement for this focus to explore some aspects of consciousness and awareness that you may call shadow that are hidden or unseen, not necessarily what you would consider bad or negative. And the aspect of me that you are interacting with is one aspect that has been less focused in this physical reality; which may appear confusing to you, but non-physically it is not.

JACKLINE: No, it's not confusing to me. What I find so interesting is that when you speak, it's so evident to me that you're aware of the physical world, not in it, but that you understand the mechanisms, because you often give analogies that are very physical, that create physical images of how ripples in the water work or how a hurricane works. And you can explain things in a physical way, not just a conceptual abstract way. And so I had assumed from that that you have a strong experience in the physical world at some point or many points.

ANAIYAH: Yes. And I also interact with many individuals in this reality at different times.

JACKLINE: Well, I thank you for that. I know it is a huge question, but I wanted at least to touch on that... because I love you so much.

ANAIYAH: And I love you too. The love is reciprocal.

JACKLINE: Well, we're just about a few seconds away, and uh... I hear the music. (laughs) I want to thank you, and I hope we'll talk again. I'm going on a trip shortly for three weeks, and I'll be back next month, and so that...

ANAIYAH: And you can use that time to continue to... to continue your expansion.

JACKLINE: Yes, yes.

ANAIYAH: Physically.

JACKLINE: In the physical life. Yes.

ANAIYAH: Yes.

JACKLINE: Thank you so much, Anaiyah.

ANAIYAH: You're welcome. It was a great pleasure for me to share that moment with you in this time.

JACKLINE: And we will talk again.

ANAIYAH: My dear, dear friend.

JACKLINE: Oh, yes. Yes, I'm so grateful.

ANAIYAH: We will talk again, as you wish.

JACKLINE: Okay, I do. Bye for now.

ANAIYAH: Trust in yourself and in the guiding quality of your pleasure... of being physical.

JACKLINE: Pleasure and beauty. Yes.

ANAIYAH: Which in your focus, they are tied together.

JACKLINE: Okay. Thank you.

ANAIYAH: Goodbye, my friend. Bye.

JACKLINE: Bye.